

What to Bring to Camp

A list of What to Bring to Camp is available in our Resources tab on our website. Additional items you may want for this retreat include: personal art & craft supplies, yoga mat if you'd like to participate in yoga, and a journal. If you would like, you may bring wine (or your beverage of choice) for our Wine + Cheese Mixer on Friday evening and/or for Paint 'n Sip: Redfish Lake on Saturday evening.

About Luther Heights Bible Camp

Luther Heights Bible Camp is a Lutheran outdoor ministry based in central Idaho in the beautiful Sawtooth Mountains. We operate an ACA-Accredited site for youth programming and retreats for all ages. The cabins are large, one room buildings with wood stoves and twin-sized mattresses. Some cabins include personal bathrooms and showers. Our lodges are a welcoming gathering space and our kitchen has a full-time staff to provide delicious home-cooked meals and snacks. Special dietary needs can be accommodated upon request. Please email Kelly Preboski at director@lutherheights.org for food needs at least two weeks before the retreat.

www.lutherheights.org

info@lutherheights.org

(208) 886-7657

[Facebook.com/lutherheights](https://www.facebook.com/lutherheights)

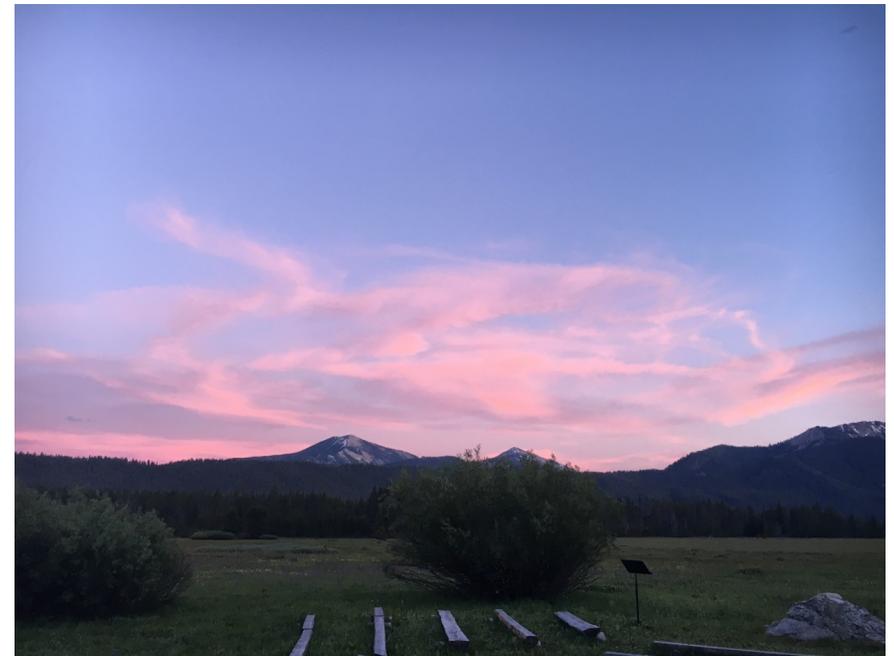


Luther Heights
BIBLE CAMP



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MAKER'S RETREAT



September 20 - 22, 2019 | \$80

All Ages & Skill Levels Welcome

To register, visit www.lutherheights.org

SCHEDULE

Sept. 20 Friday

- 3-5:00 Registration
- 5:30 Welcome
- 6:00 Supper
- 7:00 Knitting Washcloths with Rene Osman (free)
- 8:00 Wine + Cheese Mixer

Sept. 21 Saturday

- 7:00 Sunrise Yoga
- 8:00 Breakfast
- 9-5:00 45-minute massage (\$50)
- 9-12 Free time
- 12:00 Lunch
- 3:00 Farmhouse Signs & Felt Florals with Bravo Foxtrot Designs (\$30)
- 6:00 Supper
- 7:00 Paint 'n Sip: Redfish Lake (\$50)

Sept. 22 Sunday

- 7:00 Sunrise Yoga
- 8:00 Breakfast
- 10:00 Worship at Outdoor Chapel
- 11:00 Brunch / Departure

All activities are optional. Add-on workshops can be added through our online registration or with cash/check at camp. Sunrise Yoga is a class for all levels. If you'd like to book a 45-minute massage, please contact our office. Our White Cloud Lodge will be open all weekend for you to set up your own art supplies and craft at your leisure throughout the weekend. You may also participate in any of the Women's Wellness workshops throughout the weekend.

REGISTER AT LUTHERHEIGHTS.ORG

WORKSHOPS



Paint 'n Sip: Redfish Lake

Join Boise company Paint 'n Sip as a talented instructor walks you through painting Redfish Lake (shown above). They bring all the materials, you sit back, sip some wine, and enjoy the creative process. Plus you'll have a beautiful canvas to take home with you. *feel free to bring your own beverage.

\$50 add-on

Bravo Foxtrot Designs: Farmhouse Sign & Felt Florals

Brooke Freiheit, a hand letterer and maker, will take you through the steps of painting a farmhouse-inspired "Bless this Mess" or "Bless this Home" sign and crafting your own felt flowers to add a colorful touch.

\$30 add-on

Rene Osman: Knitting Washcloths

New to knitting? Rene Osman will teach the knit/purl stitch and guide you to knit a basic washcloth. LHBC will have a variety of colors of yarn available for you to pick a fun one to add to your kitchen!

*feel free to bring your own knitting needles (size 8/10) and/or cotton yarn if desired (LHBC will have a few knitting needles on hand, but you may not finish the project during the weekend.) This workshop is free.