

What to bring to Camp

The following is a suggested list of what to bring to Luther Heights Bible Camp. Included are some things that are necessary and others we would prefer you leave at home.

Packing recommendations:

- Pack everything in one duffel bag, bring sleeping bag
- Clothes and equipment do not need to be new; borrow those things you do not have
- Participants will probably get wet and dirty
- Temperatures can drop below freezing at any time of the year
- Please have all clothing and possessions clearly marked in waterproof ink
- Please send adequate clothing for the length of participant's stay

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| <input type="checkbox"/> Warm Sleeping Bag + pillow | <input type="checkbox"/> Sandals (w/back strap) |
| <input type="checkbox"/> Jacket | <input type="checkbox"/> Beach towel |
| <input type="checkbox"/> Pants (extras) | <input type="checkbox"/> Bible |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Sweatshirt | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Long-sleeve t-shirts | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> T-Shirts (extras) | <input type="checkbox"/> Waterbottle |
| <input type="checkbox"/> Warm hat/beanie | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Underware | <input type="checkbox"/> Letter writing materials |
| <input type="checkbox"/> Swimming suite | <input type="checkbox"/> Money for Canteen – <i>There will be an opportunity for youth to buy snacks and Luther Heights clothing from the canteen (camp store).</i> |
| <input type="checkbox"/> Pajamas | |
| <input type="checkbox"/> Tennis shoes (extras) – <i>While playing games there is a chance a shoe might get lost in the meadow, so it is a good idea to send inexpensive or old extra shoes.</i> | |

Toiletries

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| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Bath Towel |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Toothbrush + toothpaste | <input type="checkbox"/> Comb/brush |

Please leave at home

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| Gum | Knives/weapons |
| Portable electronics – cell phones, iPod, mp3 player, etc. | Alcohol/tobacco |
| | Common over the counter medications |

Additional Packing Information

Overnight camp out

Intermediate and Sr. High Campers

1. Luther Heights **provides backpacks** , although campers are invited to bring their own if they would like to
2. Be sure your **sleeping bag** is one that can be packed into or strapped onto a backpack for the overnight.
3. If you own a **sleeping pad**, it would be a good idea to bring one along. Luther Heights does own many, so it is not necessary to purchase one.
4. It is good to be prepared. Bring warm clothes and rain ponchos in case the week's weather changes.