



# WHAT TO BRING TO CAMP

*Please label your items with first and last name.*

*Medications (including over-the-counter and vitamins) must be in their original container and clearly labeled with Camper's name and dosage instructions.*

- Warm Sleeping Bag and Pillow (or bedding for a twin mattress)
- Casual and Comfortable Clothing. Camp is informal. Be prepared for either warm or cool weather no matter the time of year. Ensure you have layers.
- Warm Jacket. You may even want to pack mittens and a hat.
- Long Pants and Shorts
- T-Shirts and Sweatshirts
- Pajamas
- Socks, Underwear, etc.
- Toothbrush and Toothpaste, Other Toiletries
- Bath Towel, Washcloth, and Soap, Shampoo, Conditioner
- Tennis Shoes and/or Hiking Boots. Make sure you have a pair of comfortable, closed-toed shoes for hiking and camp games (required).
- Reusable Water Bottle. It's important for campers to drink more water at higher elevations. Make sure your name is on it!
- Bible, Journal, Pen or Pencil
- Flashlight
- Rain Jacket/Poncho
- Swimsuit and Swim Towel
- Sandals for the beach!
- Sunscreen and Bug Spray

## Optional Things You May Want to Bring:

- Camera
- Extra Shoes and Socks
- Chapstick and Lotion
- Small Backpack
- Sunglasses
- Sleeping Pad (recommended for Trailblazers/ Navigators on their tent camping night. We do have some available for use)
- Sun Hat or Cap